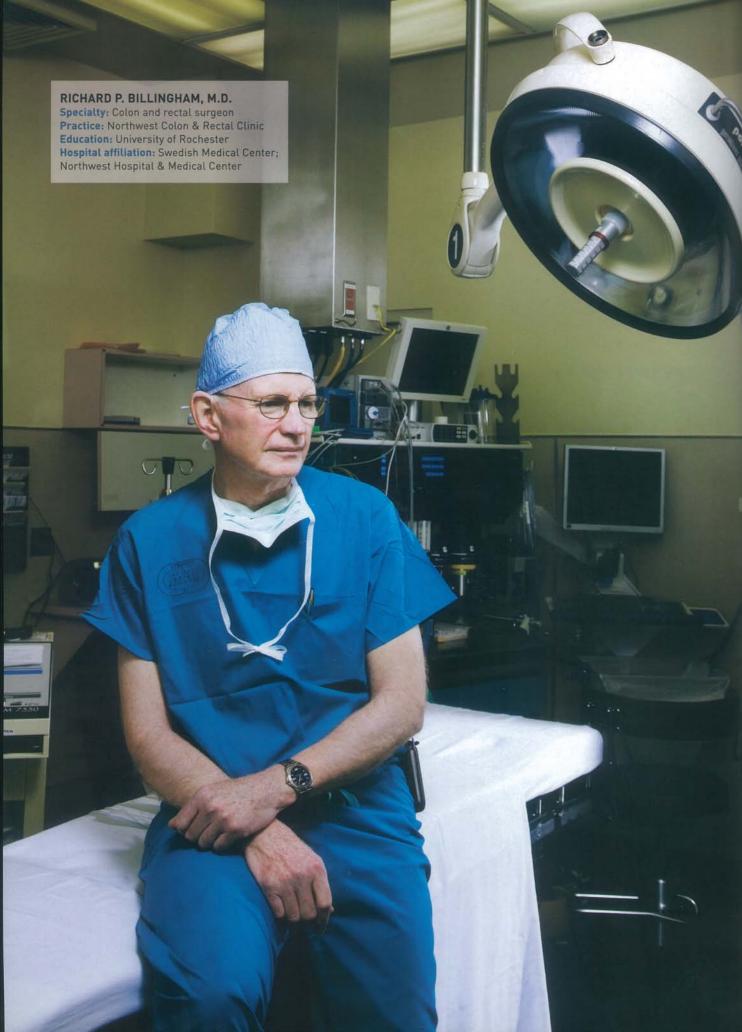
OUR ANNUAL
PEER-RECOMMENDED LIST OF
PHYSICIANS IN 110 SPECIALTIES IS THE
ONE TO MAKE AN APPOINTMENT WITH THE
NEXT TIME YOU NEED HELP FINDING
A HEALTH CARE PRO

ANNOKAL,

OUR REGION'S

STORIES BY ELIZABETH M. ECONOMOU AND ELAINE PORTERFIELD WITH ALYSON DAVIS AND KATHERINE SHAW \Rightarrow RESEARCH BY SHEILA MICKOOL WITH SARAH DAWE, YEMAYA MAURER, TARA SPICER AND TAYLOR WAGNER \Rightarrow \Rightarrow PHOTOGRAPHS BY RICHARD DARBONNE





THE TOP DOCTORS



Richard P. Billingham, M.D.

(COLON AND RECTAL SURGEON)

HOW DID YOU CHOOSE YOUR SPECIALTY?

• All of them seemed to have some bad aspects to them. In pediatric surgery you get to see all these kids with cancer and it's too emotionally draining, and cardiac surgery was just too intense So I said, "I'll try this [colorectal surgery], and if I don't like it. I'll hang my diploma on the wall."

WHY SHOULD WE BE CONCERNED WITH COLON CANCER OR COLORECTAL CANCER?

It is the second-leading cause of cancerrelated deaths in the United States in both men and women, and it's an equal-opportunity cancer.

IS IT TRUE THAT ONLY ABOUT HALF **OF AMERICANS WHO ARE ELIGIBLE** FOR COLORECTAL CANCER SCREENING **ACTUALLY GET SCREENED?**

• I would say it's about 50 percent.

WHY DO YOU THINK THAT'S SO?

O There are a dozen reasons. Number one: Until January 1, 2008, in the state of Washington, there was no requirement for the insurance companies to cover the cost of this screening procedure. Only half the states have mandatory coverage for colonoscopies. Number two: It's an elaborate procedure.... You have to take this laxative preparation the day before so it's trouble to take. And people think it [cancer] is never going to happen to them, if there's never been any cancer in their family. Every woman gets a mammogram and a pap smear, yet they say a colonoscopy, well, that's a whole different deal.

0 DO YOU SEE ANY BIG BREAKTHROUGHS ON THE HORIZON?

Well, we keep hoping for these blood tests to develop to detect colorectal polyps or cancer, and with the [Human] Genome Project here in town, we keep hoping someone will discover the gene. And, of course, what we want to do is find polyps—not cancer—so there are ways to find cancer, but we don't want to find it when it's cancer; we want to prevent the cancer by finding the precancerous lesions.

IS THERE A SYMPTOM OF COLORECTAL CANCER OR COLON CANCER THAT PATIENTS ROUTINELY MISS OR IGNORE?

 It's asymptomatic until it has advanced, and that's a bad thing. You don't know that you have it until it's far along, and it's starting to cause either bleeding or blockage—you can't wait for symptoms.

WHAT ARE SOME OF THE MYTHS ABOUT COLON CANCER OR COLORECTAL CANCER?

People think they can't have it because no one in their family has ever had it. And some people say, "I'm a vegetarian, I can't possibly have colon cancer"-wrong.

O WHAT'S THE ONE PIECE OF ADVICE THAT YOU WISH YOUR PATIENTS WOULD TAKE?

 Get your damn colonoscopy. I have patients who say, "If I had a colonoscopy when I was supposed to, I wouldn't have this problem today."

WHAT'S THE MOST FUN YOU'VE HAD RECENTLY?

Last May, I went cross-country skiing in the Swiss Alps.

ELIZABETH M. ECONOMOU

→ FOR MORE Q&AS WITH DR. BILLINGHAM. GO TO SEATTLEMAG.COM/TOPDOCQANDA08

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Name of practitioner, credentials, clinic or hospital name, clinic address, clinic phone number; Web site; special expertise; other hospital affiliations; date of graduation; top awards/honors.

Not taking new patients

** Not taking new patients now, but anticipates doing so within 12 months

ADDICTION MEDICINE

TOM HORST, M.D., M.P.H.,* Group Health Cooperative, 125 16th Ave. E, 206.326.3530; ghc.org; Family Practice; Virginia Mason Medical Center; University of Washington, 1979; chief, Chemical Dependency, Group Health Cooperative

STEVEN JUERGENS, M.D.,** 11201 SE Eighth St., Suite 105, Bellevue, 425.454.0255; General and Addiction Psychiatry; Overlake Hospital Medical Center; Mayo Medical School, 1979; fellow, American Society of Addiction Medicine, 1997

JOSEPH MERRILL, M.D., M.P.H.,

Harborview Medical Center, 325 Ninth Ave., 206.744.3000; Internal Medicine; Yale University, 1990; National Buprenorphine Mentor, Physician Clinical Support System, Substance Abuse and Mental Health Services Administration, 2005-present

JIM WALSH, M.D., Addiction Recovery Service, Swedish Medical Center, 5300 Tallman Ave. NW, 206.781.6209; swedish.org; Family Medicine; Swedish Medical Center; State University of New York, Brooklyn, 1992

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ADOLESCENT MEDICINE

CORA COLLETTE BREUNER, M.D.,

M.P.H., Adolescent Medicine Eating Disorders Clinic, Children's Hospital & Regional Medical Center, 4800 Sand Point Way NE, 206.987.2028; seattlechildrens.org; Eating Disorders, Pediatrics; University of Washington Medical Center; Jefferson Medical College, 1982; Outstanding Pediatric Resident Teaching Award, Children's Hospital & Regional Medical Center, 2003

JEFFREY LINDENBAUM, M.D.,

The Adolescent Center, Group Health Cooperative, 13451 SE 36th St., Bellevue, 425.562.1350; ghc. org; Children's Hospital & Regional Medical Center; State University of New York, Buffalo, 1966; chairman, Washington State Medical Association's Continuing Medical Education Committee, 2008

CREDENTIALS

A NUMBER OF INITIALS ARE USED ON THIS LIST TO INDICATE MEDICAL AND PROFESSIONAL DEGREES. HERE'S WHAT THEY STAND FOR:

D.C. Doctor of Chiropractic

M.D. Doctor of Medicine

M.H.A. Master of Health Administration

M.P.H. Master of Public Health

N.D. Doctor of Naturopathic Medicine

L.Ac. Licensed acupuncturist

P. Doctor of Osteopathic Medicine

PH.D. Doctorate degree





Jane Ann S. Dimer, M.D.

(OBSTETRICS & GYNECOLOGY)

WITH REGARDS TO WOMEN'S HEALTH, WHAT ARE YOU MOST PASSIONATE ABOUT?

• Women are the keystone to the family. If the women in the family are healthy, the whole family will be healthier as a result.

• WHAT ARE THE BIGGEST HEALTH ISSUES FACING WOMEN?

• Domestic abuse and obesity. And you know what, there's probably some kind of relationship, but we haven't quite gotten to the bottom of that yet. Abuse begets isolation, isolation begets inactivity. Both abuse and obesity are making health care very expensive.

O DO YOU SEE ANY BIG BREAKTHROUGHS IN REGARD TO WOMEN'S HEALTH?

• I believe there's been a cultural shift: the fact that women are being included in research about medicine—for example, heart disease and kidney disease—these days. I think that women today are finally a part of the conversation, and that's a big breakthrough. Also, the fact that women have become the primary decision-makers about health care for their whole family (80 percent of the time) is also something that's been revolutionary over the past 10 to 15 years, and that's made a big difference.

• WHAT ARE SOME OF THE KEY ISSUES REGARDING WOMEN'S OVERALL REPRODUCTIVE HEALTH?

• Controversial and looming on the horizon is the whole concept of genomics—how personal and family history predisposes someone to certain diseases. For example, regarding reproductive health, how much do we want to, or can we reliably know, about our own genetic risk and also the ability to pass it on to offspring? We will be faced with choices.

• WHAT ARE THE IMPLICATIONS FOR WOMEN OF THE SOAR-ING C-SECTION RATE?

• Our state's overall C-section rate is about 27.5 percent, which is lower than some other states, but man, that's pretty high. It's a lot higher than it should be....If you look at it from a socioeconomic point of view, it's more expensive, and it takes women out of work and it's a major surgery. Also, they [women who have undergone C-sections] have a scar on their uterus, which means greater risk in future pregnancy, or potentially limiting family size.

• WHAT'S THE ONE PIECE OF ADVICE THAT YOU WISH YOUR PATIENTS WOULD TAKE?

 Remember to think of things like exercise, sleep and good diet as a reward for yourself, and take care of yourself first.

• WHAT'S THE GREATEST NON-WORK-RELATED RISK YOU'VE TAKEN RECENTLY?

• The day before yesterday, my boys—they're 13 and 10—and I closed Alpental ski area in T-shirts and sunshine...and I was keeping up with them and didn't break my legs.

E.M.E.

→ FOR MORE Q&AS WITH DR. DIMER, GO TO **SEATTLEMAG.COM/TOPDOCQANDA08**









Irl B. Hirsch, M.D.

(ENDOCRINOLOGY)

WHY DID YOU CHOOSE THE SPECIALTY OF ENDOCRINOLOGY (A SPECIALTY THAT TREATS THE DISEASES OF THE ENDOCRINE SYSTEM, INCLUDING DIABETES AND HYPERTHYROIDISM)?

I have had Type 1 diabetes since 6 years of age, and it is also seen in other family members. My brother, James S. Hirsch, a former reporter for The New York Times, is the author of Cheating Destiny, a book about diabetes that he wrote when his son was diagnosed with the disease.

WHAT IS THE BIGGEST CHALLENGE IN TREATING DIABETES?

• The single greatest challenge is convincing a patient or their family members how important it is to take care of their diabetes. Diabetes can be overwhelming...partly because what is needed for success is some degree of compulsiveness with attention to so many details, from the type and duration of exercise to an extra helping of potatoes, to the timing of medication.

• FOR A PATIENT, WHAT'S THE MOST CHALLENGING THING **ABOUT THIS DISEASE?**

For some, it is eating a reasonable diet, given the excessive calories consumed by so many. For others, it is the home glucose testing regimen....For many, it is the financial burden diabetes causes.

O DO YOU SEE ANY BIG TREATMENT/PREVENTION BREAK-THROUGHS ON THE HORIZON IN THE NEXT DECADE?

 For Type 1 diabetes, I am most excited about the prospect of the "artificial pancreas," using our emerging sensor and pump technology [to give the appropriate amount of insulin through a pump, with little or no assistance from the patient] to better control diabetes in more people than ever possible before. For Type 2 diabetes, although there are new drugs in development, our problem is more of a societal dilemma: how to stay fit with more exercise and less caloric intake when we are surrounded by temptation.

WHAT'S THE ONE BEHAVIOR THAT YOU WISH YOU COULD **CHANGE IN YOUR PATIENTS?**

 Some patients pay little attention to their diabetes, while I see many who pay too much attention. The right attitude is somewhere in between. Diabetes is important, but if you let it consume you, it will.

WHAT THE BIGGEST NON-WORK-RELATED RISK YOU'VE TAKEN LATELY?

• I try to stay as active as possible, but during a recent softball practice, I herniated a disk. It is sometimes hard to remember I'm not a kid myself any longer.

→ FOR MORE Q&AS WITH DR HIRSCH GO TO SEATTLEMAG.COM/TOPDOCQANDA08 Health Cooperative, 200 15th Ave. E, 206.326.2156; ghc.org; New York

Medical College, 1982; recipient of Jesse Mantel Award for outstanding performance in patient care, Group Health Permanente, 2008

MICHAEL MADWED, M.D., Teen Preg-

nancy and Parenting Clinic, Group

ALLERGIES/IMMUNOLOGY

WILLIAM BUTLER, M.D., Central Allergy/Immunology Clinic, Group Health Cooperative, 125 16th Ave. E, 206.326.2390; ghc.org; Diagnostic Laboratory Immunology; Virginia Mason Medical Center, Group Health Cooperative Eastside; Ohio State University, 1973; recipient of Jesse Mantel Award for outstanding performance in patient care, Group Health Permanente, 2006

JOYCE LAMMERT, M.D., PH.D.,

Virginia Mason Medical Center, 1100 Ninth Ave., 206,223,6173; virginiamason.org; University of North Carolina, Chapel Hill, 1985; chief of medicine, Virginia Mason Medical Center, 2008 ARVINDER MOKHA, M.D., The Polyclinic, 1145 Broadway, 206.860.4487; polyclinic.com; Swedish Medical Center; University of Maryland, 1995 DAVID M. ROBINSON, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6822; virginiamason. org; St. Louis University, 1983; National Institutes of Health grant for the study of basic allergy mechanisms, 2007

MICHAEL WEISS, M.D., Northwest Asthma & Allergy Center, 8301 161st Ave. NE. Suite 208, Redmond. 425.885.0261; nwasthma.com; Internal Medicine; Evergreen Hospital Medical Center; State University of New York, Stony Brook, 1981

PEDIATRIC ALLERGIES/IMMUNOLOGY

MARY FARRINGTON, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.341.0404, and 19116 33rd Ave. W, Lynnwood, 425.712.7900; virginiamason.org; Children's Hospital & Regional Medical Center; Indiana University, 1987, vice president, Washington State Society of Asthma, Allergy and Immunology, since 2007 ARVINDER MOKHA, M.D., The Polyclinic, 1145 Broadway, 206.860.4487; polyclinic.com; Swedish Medical Center; University of Maryland, 1995

ANESTHESIOLOGY

SHELLEY AGRICOLA, M.D., Overlake Anesthesiologists, 1135 116th Ave. NE, Suite 310, Bellevue, 425.451.4141; Cardiac Anesthesia: Overlake Hospital Medical Center; University of Utah, 1979; a Seattle magazine Top Doctor, 2000, 2006-2007 HUGH ALLEN, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6980; virginiamason.org; Pain Management; University of Southern California, 1988; president, Washington State Society of Anesthesiologists, 2004-2006 DANIEL J. BALDINI, M.D., Group Health Cooperative Eastside, 2700 152nd Ave. NE. Redmond: 425.883.5151; Group Health Central Hospital; Medical College of Virginia, 1977

HOW WE CONDUCTED OUR SURVEY

Our 2008 Top Doctors list is the result of responses we received to a survey mailed to more than 11,000 physicians* in King, Pierce, Snohomish and Kitsap counties. Our mailing list came from a national provider of such lists and was verified by Seattle magazine for its inclusiveness. ¶ The survey asked physicians to name the provider they would seek out or recommend to loved ones in 110 specialty areas, regardless of hospital, clinic or health plan affiliation. ¶ More than 10,000 nominations were submitted, with more than 4,100 physicians nominated in various specialties. Those whose names appeared most often in each specialty are the ones listed in this issue. ¶ All providers included were contacted and asked to supply information regarding their training, where they practice, additional specialties, hospital affiliations and career achievements. We checked with the Washington State Department of Health to make sure all professionals listed were in good standing as we went to print. (You can check out providers by going to doh.wa.gov and clicking on "Provider Credential Search.") ¶ While our list is comprehensive, it is not exhaustive. There are many well-qualified providers who are not included. We are confident, however, that those listed here are among the best in their specialty areas. ¶ *Our survey mailing list is comprehensive-however, some physicians new to the area, those who have recently moved or those who have requested to be removed from such lists may not have received the survey. Sheila Mickool

ROBERT CAPLAN, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6980; virginiamason. org; Patient Safety in Anesthesiology; Yale University, 1977; James Tate Mason Award for Outstanding Physician of the Year, Virginia Mason Medical Center, 1997

ARTHUR LAM, M.D., Harborview Medical Center, 325 Ninth Ave., 206.744.3000; Neuroanesthesia; University of Western Ontario, Canada, 1974; John J. Bonica Faculty Mentoring Award, University of Washington Department of Anesthesiology, 2004

STEPHEN M. RUPP, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6980; virginiamason. org; Neuroanesthesia; University of Michigan, 1978; president, Association of Anesthesiology Program Directors, 2008

IAN H. WRIGHT, M.D., Physicians Anesthesia Service, 1229 Madison St., Suite 1440, 206.625.9286; Cardiac Anesthesia; Swedish Medical Center; St. Bartholomew's Hospital Medical College, United Kingdom, 1980

PEDIATRIC ANESTHESIOLOGY

V. MAXIM LUCERO, M.D., Swedish Medical Center, 747 Broadway, 206.215.3656; swedishanesthesiologists.com; Anesthesiology; Yale University, 1980

ANNE LYNN, M.D., Department of Anesthesiology and Pain Management, Children's Hospital & Regional Medical Center, 4800 Sand Point Way NE, 206.987.2518; seattlechildrens.org; Anesthesiology, Pediatrics; Stanford University, 1975; president, Society for Pediatric Anesthesia, 2002-2004

BARIATRIC SURGERY

STEVEN BOCK, M.D., Group Health Cooperative Eastside, 2700 152nd Ave. NE, Redmond, 425.883.5461; ghc.org; Overlake Hospital Medical Center; New York University, 1982; Ward C. Miles Award for Clinical Excellence, Group Health Permanente, 2002

JOSEPH CHEBLI, M.D., Northwest Obesity Surgery, 1570 N 115th St., Suite 5, 206.368.1230; northwestobesitysurgery.com; Advanced Laparoscopy, General Surgery; Northwest Hospital & Medical Center; State University of New York, Stony Brook, 1995; a Seattle magazine Top

KELLY CLINCH, M.D., Surgical Clinic, Evergreen Hospital Medical Center, 12333 NE 130th Lane, Suite 420, Kirkland, 425.899.5500; evergreenhealthcare.org; University of Washington, 1994; chief of staff, Evergreen Hospital Medical Center, 2008

E. PATCHEN DELLINGER, M.D.,

Surgical Specialties Center, University of Washington Medical Center, 1959 NE Pacific St., 206.598.4477; uwmedicine.washington.edu; Laparoscopic Surgery, Gastroenterological Surgery; Harvard University, 1970; chief, Division of General Surgery, 1991-present

JEFFREY HUNTER, M.D., Virginia Mason Medical Center, 33501 First Way S, Federal Way; 253.874.1604; virginiamason.org; University of Cincinnati, 1983

RICHARD THIRLBY, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6636; virginiamason. org; Colorectal Surgery, General Surgery; University of Michigan, 1978; member, Western Surgical Association Board of Directors, 2006-2012

CARDIAC SURGERY

GABRIEL S. ALDEA, M.D., Regional Heart Center, University of Washington Medical Center, 1959 NE Pacific St., 206.221.3166; uwmedicine.org; Cardiothoracic Surgery; Columbia University, 1981; section chief, Cardiac Transplant Program

MARK HILL, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6198; virginiamason.org/ heart; Cardiothoracic Surgery; University of Utah, 1989; Joel W. Baker Award for Teaching Excellence, Virginia Mason Medical Center, 2003

VU T. HOANG, M.D., Overlake Medical Clinics LLC, 1135 116th Ave. NE, Suite 605, Bellevue, 425.454.8161; Thoracic Surgery; Overlake Hospital Medical Center, Evergreen Hospital Medical Center, Valley Medical Center; University of Florida, 1990; chief of surgery, Overlake Hospital Medical Center, 2008

DANIEL L. PAULL, M.D., Virginia Mason Medical Center, 1100 Ninth Ave., 206.223.6198; virginiamason.org; Cardiothoracic Surgery; Tufts University, 1978; chief of staff, Virginia Mason Medical Center, 2004-2007 EDWARD D. VERRIER, M.D., University of Washington Medical Center, 1959 NE Pacific St., 206.598.4300; uwmedicine.org; Northwest Hospital & Medical Center and Children's Hospital & Regional Medical Center; Tufts University, 1974; Socrates Award for Outstanding Surgical Educator, Thoracic Surgery Residents Association, 2004

CONTINUED ON PAGE 155



Q + A

Cora Breuner, M.D., M.P.H.

(PEDIATRICS/ADOLESCENT MEDICINE)

• WHAT'S THE MOST REWARDING/SATISFYING ASPECT ABOUT YOUR SPECIALTY?

• I get to sweep in when people are at their wits' end. People refer to me when these kids [adolescents] are absolutely noncompliant: They're not taking their insulin if they have diabetes, or their seizure meds if they have epilepsy or they won't eat or they eat too much....I spend a lot of time teaching people how to take care of teenagers, which ends up teaching you a lot about yourself.

WHAT'S THE BIGGEST CHALLENGE REGARDING TEENS AND EATING DISORDERS?

• It's about 70 percent of what I do. It's different for boys vs. girls. About 10 percent of my patients are guys. I have about 400 kids who I take care of and who are at all stages of recovery. The hardest part is that when it [an eating disorder] comes to my attention, it's been going on for a year or two.

OWHICH EATING DISORDER DO YOU SEE MOST?

• It's mostly anorexia nervosa—which is restricting food intake and exercising a lot. After two to four years, it usually morphs into bulimia, which is much harder to treat. No one wants to talk about it; it's embarrassing, and there's a lot of shame involved, and most people who are bulimic are [at a] pretty normal weight, so people hide it...but if we could catch someone in the midst of anorexia nervosa, we have a better shot of keeping it from morphing into bulimia.

• WHAT IS THE MAIN MISCONCEPTION ABOUT TEEN EATING DISORDERS?

• If they would just eat more, it would go away.

OWHAT IS THE AVERAGE RECOVERY TIME?

• Eighteen months, but it can take much longer. It's like a disease—not as bad as cancer—but you have to pay attention to it and prioritize treatment.... Eating disorders have the highest mortality rate of any mental health illness—5 percent to 10 percent die.

O DO YOU SEE ANY BIG BREAKTHROUGHS ON THE HORIZON?

• I think one of the big breakthroughs is that we're involving the family in the treatment recovery. In the olden days [early '90s], we, the treatment team—therapist, doctor, nutritionist—would say to the family, "You really need to stay out of it."

WHAT'S THE MOST NON-WORK-RELATED FUN YOU'VE HAD RECENTLY?

• I love to push my kayak into Lake Washington and paddle around out there.... And I have a black lab, and I love taking him for long walks with my kids.

E.M.E.

→ FOR MORE Q&AS WITH DR. BREUNER, GO TO SEATTLEMAG.COM/TOPDOCQANDA08





THE TOP DOCTORS



Christopher Y. Maeda, M.D.

(PRIMARY CARE, SPORTS MEDICINE)

O WHAT INSPIRED YOU TO STUDY MEDICINE?

• I enjoy [medicine] in terms of science....I also enjoy teaching, and medicine helps combine both. If I hadn't become a physician, I would have become a teacher.

OWHAT'S THE MOST COMMON SPORTS INJURY YOU SEE?

 Meniscus and rotator cuff injuries are common; the injury seen most is joint and muscle sprains largely due to muscle imbalance.

WHAT'S THE MOST COMMON MISCONCEPTION ABOUT SPORTS MEDICINE?

• That it only treats athletes—it doesn't. Our field encompasses anyone who wants to be active or who is active. And what I consider active is yard work, gardening, walking, etc....I see a lot of active people who have arthritis, who get upset that they can't golf any more because they can't walk.

WHAT'S THE MOST COMMON MISTAKE ATHLETES MAKE THAT LEADS TO INJURY?

• Muscle imbalance. For example, some who run and bike, when they go to the gym only work the upper body....Biking and running only work specific muscles, weight training uses many muscles. So if you're a runner, it doesn't mean you shouldn't work out your legs in a gym. Cirque du Soleil athletes, for example, have a quite low rate of injury, and that means they must be very balanced; they train every muscle.

O DO YOU SEE ANY BIG BREAKTHROUGHS HAPPENING IN SPORTS MEDICINE IN THE NEXT DECADE?

• I think the biggest thing is the research being done to try to improve the success rate of young athletes who suffer from sudden cardiac arrest and who collapse on the playing field and have underlying heart issues. There's a big push at the University of Washington where my colleague Dr. [Jonathan] Drezner and others are trying to get automated external defibrillators in all schools in Washington state.

WHAT'S THE ONE PIECE OF ADVICE THAT YOU WISH YOUR PATIENTS WOULD TAKE?

• To make sure they never start smoking (or, to quit smoking). And the reason for this-and most people don't realize it-is smoking increases your risk of arthritis and decreases bone healing and injury healing in general.

WHAT'S THE MOST FUN YOU'VE HAD RECENTLY?

• Spending time with my 2-year-old daughter, Kira. Kids are fascinating. Everything to them is new and exciting; even the most mundane things can be amazing, and that gives me a new perspective.

E.M.E.

→ FOR MORE Q&AS WITH DR. MAEDA,
GO TO SEATTLEMAG.COM/TOPDOCQANDA08



CRITICAL CARE

JON HUSEBY, M.D., The Poly-

clinic, 1145 Broadway, 206.329.1760; polyclinic.com; Internal Medicine, Pulmonary Medicine; Swedish Medical Center; George Washington University, 1970; Physician of the Year, Swedish Medical Center, 2005

LYNN KEENAN, M.D., Group Health Cooperative, 125 16th Ave. E, 206.326.3200; ghc.org; Pulmonary Medicine, Sleep Medicine; Virginia Mason Medical Center; Jefferson Medical College, 1987; director, Intensive Care Medicine, William Beaumont Army Medical Center, 1993-1996

GEORGE PAPPAS, M.D., Minor & James Medical, PLLC, 515 Minor Ave., 206.386.9500; minorandjames. com; Pulmonary Medicine; Swedish Medical Center; Northwestern University, 1988

EMBRA A. ROPER, M.D., The Polyclinic, 1145 Broadway, 206.329.1760; polyclinic.com; Pulmonary Medicine; Swedish Medical Center; Medical

College of Georgia, 1981; medical director of Critical Care, Swedish Medical Center, 1995-present CURTIS VEAL JR., M.D.,* The Polyclinic, 1145 Broadway, 206.329.1760; polyclinic.com; Pulmonary Medicine; Swedish Medical Center; Medical College of Georgia, 1981; medical director of Critical Care, Swedish Medical Center WILLIAM J. WATTS, M.D., Overlake Internal Medicine Associates, 1135 116th Ave. NE, Suite 600, Bellevue, 425.454.2671; oima.org; Pulmonary Medicine; Overlake Hospital

PEDIATRIC CRITICAL CARE

Washington, 1975

Medical Center; University of

THOMAS BROGAN, M.D., Children's Hospital & Regional Medical Center, 4800 Sand Point Way NE, 206.987.2170; seattlechildrens. org; Harborview Medical Center; University of California, Davis, 1990; Stanley Stamm Role Model Award, 2004